

Cluster Disruption

Series: The Outpouring, Fear, & the Subconscious / Soul



95% of what goes on in our thinking processes we are unaware of.

- why we think the way we do
- our attitudes and motives
- our emotions
- The beliefs that cause us to make decisions
- our behaviors
- our peace, joy, affection, perspectives, gentleness, kindness, love etc.

95% of our faith, and our fears, we are unaware that we are operating in them.

2 Corinthians 10:3-5 (AMP)

[3] For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons.

[4] For the weapons of our warfare are not physical [weapons of flesh and blood] , but they are mighty before God for the overthrow and destruction of strongholds,

[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),



What is the subconscious mind?

By **M.Farouk Radwan, MSc.**

The subconscious mind:

Think of the subconscious mind as the storage room of everything that is currently not in your **conscious mind**.

The subconscious mind stores all of your previous life experiences, **your beliefs**, your memories, your skills, all situations you've been through and all images you've ever seen.

The best way to understand the subconscious mind is to look at the example of the person who wants to learn how to drive a car. At the beginning he wouldn't be able to hold a conversation with anyone while driving as he would be focusing on the different moves involved. That's because he's still using his conscious mind to drive

The subconscious mind; your Autopilot!

Few weeks later driving becomes a natural habit that happens automatically without needing to think about it. That person could even start using his cell phone or talking to his friends while driving.

This happened because the driving habit has been transferred to his subconscious mind and so the conscious mind become free. This allowed him to use it to talk in his cell phone.

The subconscious mind is responsible for the automatically triggered feelings and emotions that you suddenly experience upon facing a new situation. If you were about to give a **presentation** then all the **fear** and **anxiety** feelings you might experience are in fact launched and controlled by your subconscious mind.

The conscious mind is, on the other hand, responsible for logic, calculations and all actions that are performed while you are conscious. The subconscious mind also controls other functions in your body like breathing and heart beats.

Another good example that can help you better understand the subconscious mind is the process of breathing. Before you started reading the previous line your breathing was controlled by your subconscious.

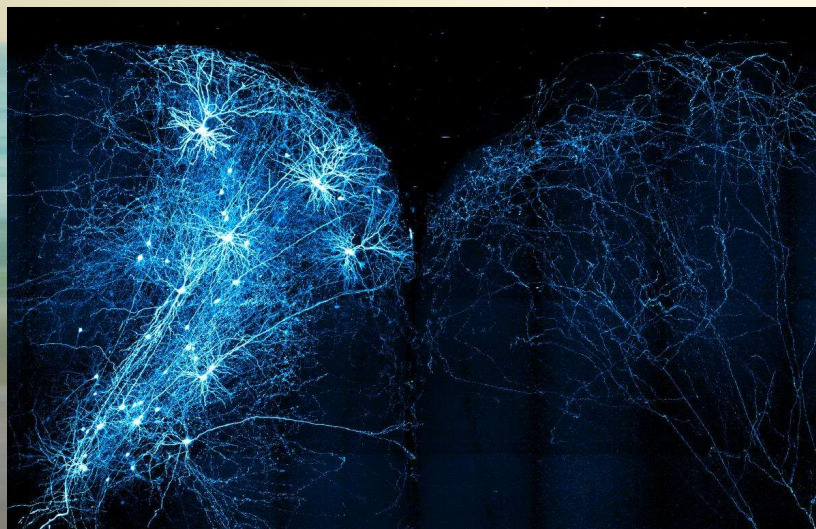
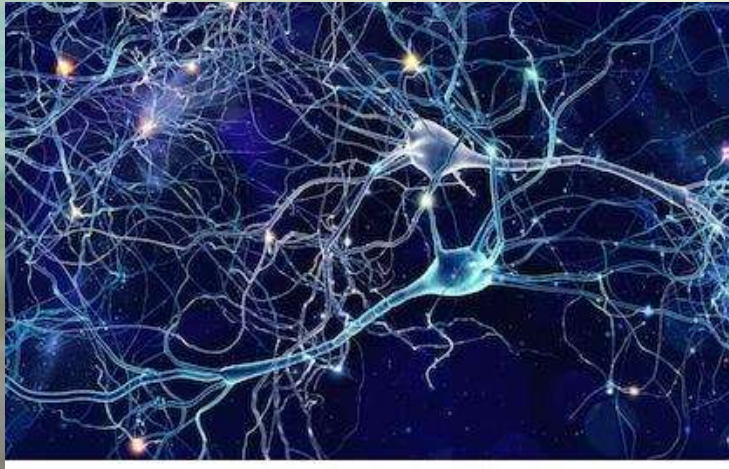
I want you now to try and control your breathing for one minute. You will be able to do so of course. This time it was the conscious mind that was controlling your breathing, but when you let go of your focus your subconscious mind will takeover again

From my perspective:

The Brain, Conscious, Subconscious, Autonomic Nervous System, the Mind, Will, Emotions, Reasoning, Intellect, etc.

> These are all considered the 'Soul' in the Bible.





86 billion neurons in the human brain.

The average **human brain** has about 86 billion **neurons** (or **nerve cells**) and **many** more neuroglia (or glial cells) which serve to support and protect the **neurons** (although see the end of this page for more information on glial cells). Sep 25, 2019

human-memory.net

Mark 13:12-13 (NIV)

[12] “Brother will betray brother to death, and a father his child. Children will rebel against their parents and have them put to death. [13] All men will hate you because of me, but he who stands firm to the end will be saved.

Luke 21:16-19 (NKJV)

[16] “You will be betrayed even by parents and brothers, relatives and friends; and they will put some of you to death. [17] “And you will be hated by all for My name's sake. [18] “But not a hair of your head shall be lost. [19] “By your patience possess your souls.

One of 3 things take place:

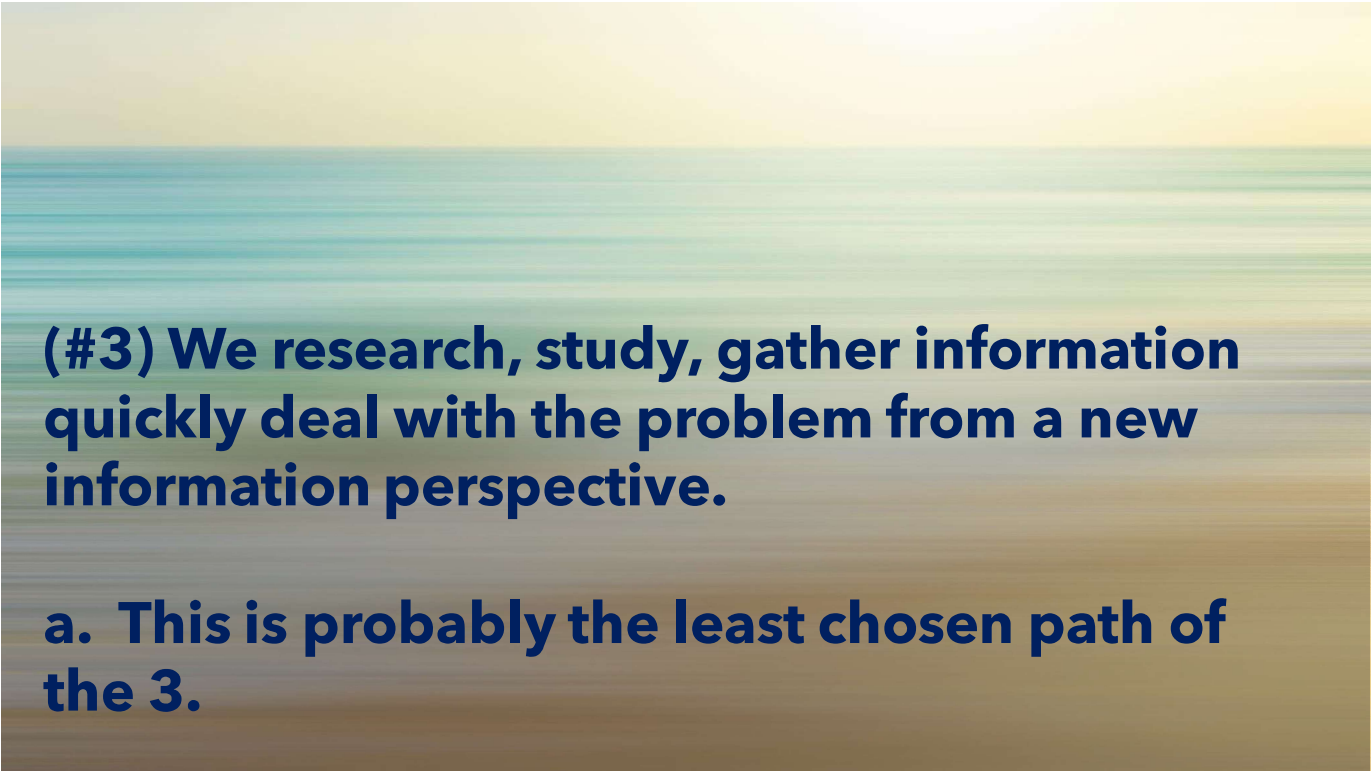
(#1) We go back to a negative / old tree.

a. Some method we used in the past to survive.



(#2) - We go into 'Lost' mode.

- a. Fear will perpetuate.**
- b. We wander like we're lost...**
- c. Someone tell me what to do to be safe.**



(#3) We research, study, gather information quickly deal with the problem from a new information perspective.

- a. This is probably the least chosen path of the 3.**



(#1) We go back to a negative / old tree.



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(#2) Or we go into 'Lost' mode.