Subconscious Facts - (Pt. #4)

1 Corinthians 15:31-34 (NIV)

[31] I die every day—I mean that, brothers—just as surely as I glory over you in Christ Jesus our Lord. [32] If I fought wild beasts in Ephesus for merely human reasons, what have I gained? If the dead are not raised, "Let us eat and drink, for tomorrow we die." [33] Do not be misled: "Bad company corrupts good character." [34] Come back to your senses as you ought, and stop sinning; for there are some who are ignorant of God—I say this to your shame.

Acts 2:4 - AMP

And they were all filled [that is, diffused throughout their being] with the Holy Spirit and began to speak in other tongues (different languages), as the Spirit was giving them the ability to speak out [clearly and appropriately].

Acts 2:4 - AMP

(The Amplified Bible Expanded Edition - 1987) And they were all filled (diffused throughout their souls) with the Holy Spirit and began to speak in other (different, foreign) languages (tongues), as the Spirit kept giving them clear and loud expression [in each tongue in appropriate words].

John 8:31-32 (NKJV)

[31] Then Jesus said to those Jews who believed Him, "<u>If you abide in My word</u>, you are My disciples indeed. [32] "<u>And you shall know the</u> <u>truth, and the truth shall make you free."</u>

Jn. 8:31-32

"You will know the truth, and the truth....."

(1) Truth causes Division
(2) Division causes Transition / Repentance
(3) Transitioned correctly brings Freedom

2 Corinthians 10:5 (AMP)

[5] [Inasmuch as we] refute <u>arguments</u> and <u>theories</u> and <u>reasonings</u> and <u>every proud and lofty thing that</u> <u>sets itself up against the [true] knowledge of God;</u> and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),

10 Organ Recipients Who Took On The Traits Of Their Donors

Organ donations and transplants have saved countless lives. However, some people claim to have received more than just the working organ. <u>There is an increasingly studied phenomenon</u> <u>known as "cellular memory"—the theory that cells within an organ</u> <u>carry the memories and desires of the person to whom belonged.</u> While it's still very much on the fringes of science, as more studies are done, more and more examples appear to be making the case that cellular memory may be more than just a wild theory. Here are 10 examples.



Claire Sylvia Has Strange Cravings And Dreams New England

Not only did the heart and lung transplant that 47-yearold Claire Sylvia received save her life, but it also made her the first person in New England to undergo the process. She's also convinced that in addition to vital organs, she received some of her donor's tastes, as if his memories were locked into his heart and lungs and consequently are now flowing in her body. She told a reporter that when she was asked what she wanted to do first after the operation, she said that she was "dying for a beer right now." This was strange to Claire, as she'd never enjoyed beer in the slightest before. Over the coming days, she also found that she was experiencing cravings for foods that she'd never liked or even eaten before, such as green peppers, Snickers chocolate bars, and strangely, McDonald's Chicken McNuggets, something which she'd never had a desire to eat.

She also began to experience strange dreams. She would see a thin, young man who she believed was called Tim. Specifically, she had the words "Tim L" in her mind when she had the dreams. By searching through local obituaries of the days leading up to the day of her transplant, she came across Timothy Lamirande. Timothy Lamirande was 18 years old when he died in a motorcycle accident on the same day as Claire's transplant. He had been on his way home from a local McDonalds restaurant. A a bag of Chicken McNuggets was found in his jacket pocket when doctors removed his clothing in a desperate attempt to save his life. She managed to track down Tim's family, whom she hadn't met before, and they confirmed to her that the cravings she was having were indeed all for foods that Tim had enjoyed very much, beer and all. She has remained in touch with Tim's family ever since



Jamie Sherman Awakes From Transplant Feeling Rage And Anger Tucson, Arizona Jamie Sherman had underwent several heart surgeries by the time she had a heart transplant at the age of 24. She'd suffered from a heart defect since birth. When she awoke following the successful procedure, she felt a deep sense of anger, so much so that she wanted to fight, although she didn't know why. She also began to have cravings for Mexican food, especially cheese enchiladas, something that she hadn't craved before.

Six months following the transplant, Jamie was able to meet the family of her donor, a 29-year-old man named Scott Phillips. She quickly mentioned her cravings and liking for Mexican foods, and she wasn't too surprised to hear that Scott's favorite food was Mexican, and he particularly liked cheese enchiladas. When Jamie found out that Scott had died in a fight at a sports bar after being hit in the head and suffering major brain trauma, she felt that she now understood where her sudden feelings of anger came from. She theorized that he felt anger and rage in the seconds before he was hit and consequently died, and these feelings were locked in his heart when it was transplanted to her.

15 FACTS ABOUT THE SUBCONSCIOUS:

1) It is an information / data base or storage center.

- a. It's not a separate person in us.
- b. It contains all the memories and information we've gathered in our life time.
- c. Romans 2:12-16

2) It's in a constant state of expanding the data / information base. (Like God)

- a. It begins as a 'Clean Slate'.
- b. Everything we know has been gathered.
- c. 2 Peter 1:8

3) The information comes in primarily via the 5 senses.

- a. Begins in the 3rd trimester of the womb.
- b. Experiences, Parents, Relatives, Teachers, Media, Sights, Sounds, Smells, Flavors, Phy. Feelings.
- c. Everything is filtered through our 5% brain, and then logged or stored according to what we determine we want to believe as truth.

d. However, our conscious mind can connect with the things of the spirit world and give new information to our Subconscious.

> Any Revelation Knowledge> Any and all direction of the Holy Spirit

e. 2 Corinthians 5:7

4) It does carry some cognitive ability such as thinking, calculating, and reasoning.

- a. It can reason with, disagree, etc. with the conscious mind.
- b. It can make extremely quick decisions / reactions.
- c. It can calculate and make adjustments to how the physical body will operate.
- d. It can operate the body for a time just like the conscious mind.

5) The subconscious has been designed by God to:

- a. Believe only truth.
- b. So it continually scans / looks for truth, which by design will ultimately lead us back to God.
- > John 14:6
- c. Subsequently: everything / every piece of information you live by (Explain) is truth to you.

6) However, the conclusions it reaches as to what is truth and is not - are predominantly formed by:

- a. Ourselves.
- Our cognitive mind / prefrontal cortex
- The conclusions / reasonings of our conscious mind
- The things we choose to believe as true.
- b. Proverbs 14:12, 21:2

b. Those conclusions / truths become the continual non-conscious guides that direct us through life.

- Emotions.
- Intuitions.
- Fears.
- Shame.
- Perspectives of self and others.
- Our conscience (can be molded.....)
- Our morals and moral judgment.
- Etc.

7) This information runs 95% of our life.

- > Proverbs 23:7
- a. The information we receive from the people, and experiences we trust the most
- Has the greatest impact on us.
- It becomes our Positive or Negative Load

8) The beliefs that form concerning ourselves or our life develop either a positive or negative load / outlook on life / expectation in life.

- Galatians 5:16-26

- > There is the fallen nature / flesh way
- > There is the spirit / Spirit way

- good or poor self-esteem (typically affects hygiene)
- glass half full or half-empty perspectives
- seeing possibilities or problems
- feeling people generally like us or they don't
- believing something will work for us or not
- expecting to succeed or fail
- expecting acceptance or rejection
- living in a positive, upbeat, happy mode
- living in a negative, depressed, sad, angry mode

9) It operates from a position of defense or selfprotection, that's why it's first two impulses are:

a. FEAR (something bad is going to.....)

b. SHAME (something is wrong with me / I'm flawed)

> Genesis 3:7-10

10) The subconscious believes it's job is to help us survive and to protect us.

Since it's trying to protect us: it will automatically go to some form of FEAR.

- Fight
- Flight
- Or, Freeze

> Genesis 3:7-10

11) All the information is stored and recalled in a 'PRESENT / NOW' perspective.

a. A past or future perspective does not exist unless one is given to the memory being recalled

b. Everything is simply information.

APPLICATIONS OF FACTS 9-11:

1. The reason we find it so difficult to trust God is because our soul / brain operates..... (#9) > Self-Protection

- FEAR
- SHAME

a. So we struggle to deal with our deepest pains, wounds, traumas, experiences.

2. So without our conscious minds even knowing what is happening, our subconscious will take over to protect us. (#10)

a. Fight / Flight / or Freeze.

b. We will get feelings and thoughts from our sub-conscious (soul) that will cause us to (a. - above)

3. Without a reality check, your subconscious thinks that the pains, wounds, traumas, experiences of the past are still going on Right NOW. (#11)

a. Reaction / Response..... is at the level of past pain.

- > Any form of abuse
- > Rejection by biological family / closest
- > Betrayal
- > Abandonment
- > Father / Mother issues. (Not my mother.... wife)
- > PTSD
- > Panic Attack
- > Anxiety

Conscious Mind (5% brain) > No Fear

Subconscious Mind (95% brain)

> Very fearful and protective
 > Double-Minded > Think we're in faith, but 95% in fear

The Answer: (2 Corinthians 10:3-5) > Wage war, not as world

1) You will know the truth and the truth will set you free.

> Your conscious mind is the captain of the ship, you need to instruct your subconscious what to believe.

> Romans 10:17 (Faith comes by hearing.....)

2) Give it what is real.

> John 8:31-32

> Instruct it > Visually, verbally, emotionally

John 14:27 (AMP)

[27] Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. <u>Do not let your hearts be troubled</u>, <u>neither let them be afraid</u>. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.] 12) The majority of the feelings, thoughts, decisions, and choices that are made in the subconscious 'NOW' mindset will result from:

a. FEAR b. SHAME

> This is why we need to renew our minds. (Rom. 12:1-2)

> And participate in the divine nature. (2 Peter 1:4)

13) The one huge difference between the human brain and a computer is: the old information can't be:
a. Over written, or deleted.
> It is always there.

b. So it must be made inoperative or obsolete in the normal functions of the brain.

c. The only way to do that is to have new information come in.....

> 2 Peter 1:3-9, Psalms 119:130

14) Our subconscious speaks to us.

> 2 Corinthians 10:5

> How the Subconscious speaks to us.

1) Typically we will get a feeling / emotion first.

2) If that doesn't convince us, we'll get a picture. (Flashback - Vain Imagination)

> That usually does it and gets us to put our guard up to protect ourselves

3) However, if...... > then it'll speak to us via our thoughts.

15) The subconscious information can be interrogated.

> 2 Corinthians 10:5