

## Seven Hebrew Words for Praise

### Yadah

To throw out the hand or worship with extended hands. To submit yourself and all your problems and difficult circumstances to God, rather than wringing your hands in despair or worry.

*References: 2 Chronicles 20:21; Psalm 63:1; Psalm 107:15; Genesis 29:35, 49:8; 2 Chronicles 7:3,6; Psalms 67:3, 108:3; Isaiah 12:1,4; Jeremiah 33:11*

### Towdah

This also is an extending of the hand, but it's not to submit yourself and your problems. This is to extend your hand in offering of thanks, or you're adoring God, acceptance and praise to God. To first recognize your own personal lack and defilement and then understand the love that He has for us and what He's done for us in the work and blood of Jesus.

*References: Psalm 50:14; Psalm 50:23; Psalms 42:4, 56:12; Jeremiah 17:26; Jeremiah 33:11*

### Hallal

To boast or celebrate, to tell of God's greatness. To be clamorously foolish.

Clamorous: Loud, noisy, confused, such as everyone talking at the same time.

*References: Psalm 113:1-3; Psalm 150:1; Psalm 149:3; Judges 16:24; 2 Samuel 14:25; 2 Chronicles 7:6; Ezra 3:10-11; Nehemiah 5:13; Psalms 18:3, 56:4, 63:5, 150:2-4; Isaiah 62:9; Jeremiah 20:13; Joel 2:26*

### Shabach

To address in a loud tone, to shout, to command, to triumph.

*References: Psalm 47:1; Psalm 145:4; Isaiah 12:6; Psalms 63:3, 117:1, 145:4; Ecclesiastes 4:2*

### Barak

To kneel down, to bless God in reverence, awe, and expectation as an act of adoration.

*References: Psalm 95:6; 1 Chronicles 29:20; Psalm 34:1; Judges 5:2; Psalms 72:15, 96:2, 103:1-2*

## **Zamar**

Combining songs with music. To pluck the strings of an instrument, to sing, to praise; a musical word which is largely involved with joyful expressions of music with musical instruments.

*References: Psalm 21:13; 1 Chronicles 16:9; Psalm 57:8-9; Judges 5:3; 2 Samuel 22:50; Psalms 61:8, 147:1,7*

## **Tehillah**

To sing or to laud; spontaneous, unprepared flow; hymns of the Spirit or praise.

*References: Psalm 22:3; Isaiah 61:3; Exodus 15:11; Deuteronomy 10:21; Nehemiah 9:5; Psalms 9:14, 22:25; Jeremiah 48:2*