

# Have You Ever Felt Like Good is Never Good Enough?

Jason & Vanessa Warkentin

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Philippians 3:13-14 (NIV)

“Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining to what is ahead, I oppress on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”



“I realized I had never felt good about a single game I played...”

King Road Church, together we have the privilege of walking with athletes, introducing them to Jesus and helping them experience his power to change the world. In the athletic world, so much of one's identity tends to be wrapped up in the performance of the individual or team. The outcome of a match, good or bad can dictate one's mood to the extremes. Asking an individual about their motivation for playing can reveal some telling things about the aspects that influence their perspective of sport.

Returning from our winter break I challenged our athletes to examine their motivation for playing volleyball. What influences their thoughts of performance and personal value? The goal was to prompt them towards a situation where they are more concerned about what Christ thinks about them, rather than what society does in light of the idols of this world (fame, success, perfection, winning).

Here is the challenge though, we easily adopt the world's value systems:

**How you perform + What people say about you = Your Value**

Recently, an athlete of mine revealed this to me:

*"As far as I can remember, I have never played a game, win or lose, that I have been happy with my performance. I always feel like I should do better. How do I actually play free?"*

Wow. Can you imagine that? Over the course of nineteen years, not remembering a single moment of joy connected with playing sport due to the shackles of always not being good enough and striving for approval from the standards of the world? Don't we all get stuck here in some way as well?

So, how do we reverse this. It takes time, but it starts and ends with understanding God's value system:

**What God says about you = Your Value**

We need to learn what he says about us in scripture and spend time communing with him in prayer.

Not unlike myself or my team, I am sure each of you are also confronted with the question of motivation at one time or another. I leave you this question:

***Whose value system are you paying more attention to?***

*"So God created man in His own image; in the image of God He created them; male and female He created them." Genesis 1:27*

Leading Total  
Athlete talks at our  
Winter Break  
Camp



## Updates & Prayer:

Annalea has passed the 6 month mark of her life. Milestones over the past few weeks include: 2 new teeth, eating solid foods, a variety of new noises and the start of self-initiated movement (crawling). Vanessa and I enjoyed spending Christmas with family and appreciated some time off to enjoy the outdoors.

- Praise for the support of each of you in our ministry. .
- Praise for a group of 12 high school athletes (from Alberta and Saskatchewan) that will be travelling with us to Haiti in March.
- Pray for our team meetings via Video Conferencing calls as prepare for this trip. For smooth connections and for God to be present and at work in their lives.
- Pray for our ministry as we discern what programs and opportunities the spring and summer will hold and what staffing will look like for this time.
- Pray for Vanessa and myself to be models of Christ to Annalea as we raise her at home.



*We are so grateful for the ongoing  
support of  
people like you.  
Serving Christ together with you,*

*Jason & Vanessa*

