



# Treasures for the Soul

Series 6 Episode 1

**LIVING A LIFE OF  
UNION WITH THE  
LORD IN A STABLE  
PATTERN EVERY DAY**

Message Date: January 19, 2020

# PROLOGUE

Brothers and sisters, the topic for “Treasures for the Soul” today is **“Living a life of union with the Lord in a stable pattern every day.”** When we behold the Lord, we need to realize that He is in glory, He is everywhere and He is in our hearts at the same time. It is precious that we can behold the Lord in this way. Moreover, we can also realize that we have been united with the Lord. Our spirit has sense and it can sense things which cannot be seen by the physical eyes. The Lord desires us to abide in Him always. When we practise beholding the Lord in this way, we abide in Him always. Indeed, this way of beholding the Lord is also a way of prayers, drawing near to God, and gives us enjoyment in our spirits. Hence, we live the life described in Psalms - to be continually with Him.

# MESSAGE

How to behold the Lord and realize that He is in glory, He is everywhere and He is in our hearts at the same time is a very precious teaching from the Lord. In the past I had a query in my heart: I treasured very much the Lord living in my heart and I experienced how He helped me in my heart; however, the Bible tells us that we pray to God who is in glory. I didn't know how the Lord was in my heart but He's also in glory at the same time. I read many books written by the Christians of old, but I still could not find the answer. Then the Lord taught me how to behold Him – He is in glory; He is everywhere; He has the most special presence with me, He is united with me, and He is in me. I live before the Lord, His whole self.

In the beginning of this year, I mentioned that we need to behold the Lord and realize that He is in glory, He is everywhere and He is in our hearts at the same time. Moreover, we also need to realize our heart is united with Him. When we are close to the Lord, we will have this right condition in our spirit. We need to be more aware of our spiritual condition. When we realize we don't have the right spiritual condition, we should immediately ask the Lord to save us. We need to turn to Him and listen to Him. The Lord said when we abide in Him, He also abides in us. This is like the branches and the vine. Through my explanation, I hope you can have a clearer understanding about how to make your heart closely connected with His, and enjoy His

provision. You live before Him and your heart stays connected with Him.

God made our spirit to be able to sense the things our physical eyes cannot see. Our spirit truly has sense. We can sense whether we have a good relationship with God. I desire that you can live the life of union with the Lord day and night, not randomly by chance, but in a stable pattern, every day.

The Lord said when the branches abide in the vine, they can bear fruit. When you are in the right condition, you have strength to do the Lord's will. You enjoy the Lord and the peace He gives you. This is a practical spiritual exercise: to always behold the Lord and realize that He is in glory, He is everywhere and He is in our hearts at the same time, together with realizing that we are united with Him. Then we can live with the Lord day and night. We will have peace in our hearts and our mind will be less troubled because we fix our eyes on the Lord. Upon this foundation, we can further build up: we draw near to Him and we express our love to Him. Even when we are at work or in crowded places, we can still be close to Him. This is a life of praying unceasingly. Praying unceasingly doesn't mean non-stop prayers, but that you live to Him and your spirit is connected with Him. It is just like the description from Psalms 73, we can continually be with Him.

In Psalms 139, David wrote, **“I awake, and I am still with You.”** Here it says I am with Him. The Lord is always here but we need to take the initiative to be with Him. We need to put our hearts in the Lord’s presence; we need to turn to Him. The Lord is always facing us and He fixes His eyes on us. On the other hand, have you ever turned your eyes to Him? When we behold the Lord and realize that He is in glory, He is everywhere and He is in our hearts at the same time, we actually turn ourselves to Him. Not only do we think about Him, but also our heart is connected to Him. We enjoy His provision; He is the bread of life. Let me use sunbathing as an example. We lie under the sun, not doing anything but just enjoying the sunshine. We already benefit from the sunlight, being able to absorb more Vitamin D. We place ourselves in the presence of the Lord, and this is an attitude of drawing near to God. Though sometimes we may not even say a word, but our heart is with Him, and we are being “face to face” with Him.

About

# TREASURES FOR THE SOUL

**“And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified.” (Acts 20:32)**

Paul loved the brothers and sisters in Ephesus! However, he could not always stay with them. He longed for them to understand God’s words and to be able to stand firm in the truth.

The Lord has given us precious truths. We want to share these truths in an organized way by producing short messages with clear topics. This way, we hope the listener can absorb the truths more easily. We hope to help brothers and sisters to build their foundation so that we may all know God and His purpose more deeply. Both audio messages and notes are available for download.

Brother Daniel Yu has shared with us the abundant enlightenment that he received from the Lord. We translated his messages with the aim to share them with non-Chinese brothers and sisters. This way we can learn and progress together, and receive the same blessings.



**The Church of God in Vancouver**

<https://thechurchofgodinvancouver.org/>