

Washington State Snap-Ed Curriculum Fidelity for Continuous Improvement

Lesson Assessment Tool for — *Read for Health: Grade 2 – Lesson: Food from the Earth*

Educator Self-Assessment Supervisor Assessment Fidelity Team Assessment

Educator(s) Name (s): _____ Sub-Contractor: _____

Region: _____ County: _____ Date of Lesson: _____

Start Time: _____ End Time: _____

Program Setting (classroom/grade, food bank, clinic etc.): _____

Your review about this session is important. Your description of how the lesson was taught, in relation to the written curriculum, will help us strengthen our program. Please consider each part of the lesson below and indicate if you presented it using yes or no in the space provided. If no, details about why and how you adapted the lesson are important to continuous program improvement. Please complete the assessment tool by the end of the next working day from when lesson was taught.

	Completed as Written <i>Yes or No</i>		If adaptations were made or activity was not done, please describe what was changed and why. <i>Please be as specific as possible.</i>
	Yes	No	
Introduction			Comments and/or Changes
Introduce yourself, the program, and the curriculum (if first lesson)			
Review previous lesson (if applicable): <ul style="list-style-type: none"> Last week we talked about (topic) What did you do differently because of what you learned or did in last week's lesson? 			
Time: 3 Minutes			
Book Activity			Comments and/or Changes
Book Introduction Show book cover to class and ask questions: <ul style="list-style-type: none"> What do you think this story is about? The title of the story is <u>Seed, Soil, Sun.</u> What is an author? The author of this story is _____ What is an illustrator? The illustrator of this story is _____ 			
Read the story aloud: <ul style="list-style-type: none"> Reading with expression and showing illustrations that support the text on each page 			
Time: 5-10 Minutes			
Discussion			Comments and/or Changes
Discuss questions at the close of story: <ul style="list-style-type: none"> What was the story about? What is the earth's recipe for food? 			

	Completed as Written <i>Yes or No</i>		If adaptations were made or activity was not done, please describe what was changed and why. <i>Please be as specific as possible.</i>
<ul style="list-style-type: none"> • How do foods, which come from animals, start with seeds? • Can you tell me what part of the plant different foods come from? 			
Optional: Review Vocabulary Words from book			
Time: 10 Minutes			
Garden in a Glove Activity (45-60 Minutes Classes)	Yes	No	Comments and/or Changes
“Garden in a Glove” <ul style="list-style-type: none"> • Explain directions to students and have teacher assist. *Please use this only for 45-60 Minute classes			
Time: 20-25 Minutes			
Physical Activity	Yes	No	Comments and/or Changes
Mind in Motion Fit Sticks			
Time: 5 Minutes			
Food Activity	Yes	No	Comments and/or Changes
Food Safety <ul style="list-style-type: none"> • Utilize proper food handling • Ensure students and helpers wash hands prior to touching food. 			
Option 1: Seed Tasting (10 Minutes) 1 Edamame Pod 1 tsp. Corn 1 tsp. Pumpkin Seeds <ul style="list-style-type: none"> • Prepare each tasting prior to class time Ask: <ul style="list-style-type: none"> • What seeds are in your cup/bag today? • What words describe edamame? Corn? Pumpkin seeds? • What MyPlate food group do seeds belong to? Option 2: Edamame Tasting (5 Minutes) *Recommended if doing Nutrition Activity <ul style="list-style-type: none"> • Have teacher place one pod in a cup on each desk while students are doing physical activity. ** Put ingredients or alternate recipe used in comments section.			
Time: 5-10 Minutes			

	Completed as Written <i>Yes or No</i>		If adaptations were made or activity was not done, please describe what was changed and why. <i>Please be as specific as possible.</i>
	Yes	No	
Nutrition Activity (Optional)			Comments and/or Changes
Writing Prompt: What affects plant growth? Worksheet: Match Food to Plant Part *Not Required – may be left with teacher as extension activity.			
Time: 10 Minutes			
Closing			Comments and/or Changes
Pass out newsletters and directions for <i>Garden in a Glove</i> to do at home. Go over next nutrition class topic. Thank students and close class.			
Time: 5 Minutes			
Materials and Supplies			Comments and/or Changes
Used Materials and supplies -Visual Aids -Posters -Teaching Supplies			

Please respond to the following questions. It’s important we know the successes and challenges of the lessons you teach.

1. What went well?

2. What challenges were noted?

3. What timing issues were noticed?

4. Other remarks and feedback:

Please contact Maggie Grate at maggie.grate@WSU.edu or at 253-445-4529 if you have any questions about the completion of this form.