

Fertility Problem Inventory (FPI)

Patient Information

Name _____

Today's Date _____

Present age:

Relationship status:

Years with partner:

Education:

Occupation:

Years in occupation:

Infertility history (diagnoses, length of treatment, number of cycles, results of cycles, testing completed)

Religious, cultural, familial factors that have influenced your infertility journey:

Fertility Problem Inventory (FPI) Questionnaire

The following statements express different opinions about a fertility problem. Please indicate the degree to which you agree or disagree with each statement. If you have a child, please answer the way you feel right now, after having a child.

	Strongly agree	Moderately agree	Slightly agree	Slightly disagree	Moderately disagree	Strongly disagree
1. Couples without a child are just as happy as those with children.						
2. Pregnancy and childbirth are the two most important events in a couple's relationship.						
3. I find I've lost my enjoyment of sex because of the fertility problem.						
4. I feel just as attractive to my partner as before.						
5. For me, being a parent is a more important goal than having a satisfying career						
6. My marriage needs a child (or another child).						
8. It's hard to feel like a true adult until you have a child.						

9. It doesn't bother me when I'm asked questions about children.						
10. A future without a child (or another child) would frighten me.						
11. I can't show my partner how I feel because it will make him/her feel upset.						
12. Family don't seem to treat us any differently.						
13. I feel like I've failed at sex.						
14. The holidays are especially difficult for me.						
15. I could see a number of advantages if we didn't have a child (or another child).						
16. My partner doesn't understand the way the fertility problem affects me.						
17. During sex, all I can think about is wanting a child (or another child).						
18. My partner and I work well together handling questions about our infertility.						
19. I feel empty because of our fertility problem.						
20. I could visualize a happy life together, without a child (or another child).						
21. It bothers me that my partner reacts differently to the problem.						
22. Having sex is difficult because I don't want another disappointment.						
23. Having a child (or another child) is not the major focus of my life.						
24. My partner is quite disappointed with me.						
25. At times, I seriously wonder if I want a child (or another child).						
26. My partner and I could talk more openly with each other about our fertility problem.						
27. Family get-togethers are especially difficult for me.						
28. Not having a child (or another child) would allow me time to do other satisfying things.						
29. I have often felt that I was born to be a parent.						
30. I can't help comparing myself with friends who have children.						

31. Having a child (or another child) is not necessary for my happiness.						
32. If we miss a critical day to have sex, I can feel quite angry.						
33. I can't imagine us ever separating because of this.						
34. As long as I can remember, I've wanted to be a parent.						
35. I still have lots in common with friends who have children.						
36. When we try to talk about our fertility problems, it seems to lead to an argument.						
37. Sometimes I feel so much pressure, that having sex becomes difficult.						
38. We could have a long, happy relationship without a child (or another child).						
39. I find it hard to spent time with friends who have young children.						
40. When I see families with children I feel left out.						
41. There is a certain freedom without children that appeals to me.						
42. I will do just about anything to have a child (or another child).						
43. I feel like friends or family are leaving us behind.						
44. It doesn't bother me when others talk about their children.						
45. Because of infertility, I worry that my partner and I are drifting apart.						
46. When we talk about our fertility problem, my partner seems comforted by my comments.						