



## **Module 4, Section 1: Wildly Abundant Financial Plan: How to Design & Manifest Yours**



**Created by: *Leela Somaya***  
***Unconventional Business Strategist***  
***Wealth Mentor***  
***Spiritual Lawyer***

## *Energy of Money*

Money is a tough topic for most people. Most of us have complex issues around money. Most of us have experienced scarcity and continue to operate from an energy of scarcity in some areas of our lives. Most of us have also experienced abundance and operate from this an energy in some areas of our lives. What would become possible for you if you could operate from this energy of abundance in the area of money? What would that look like and feel like for you?

What a delicious inquiry we are engaging in this module! We will go inside first, and look at what is going on at the soul level for you with money, what is going on in your inner dialogue. Then, as you begin to sense into and feel the succulence of abundance in your body, we will take that energy into creating your savvy wildly abundant money plan!

As we work through this module, you may notice that, as we go deeper, I'm asking the same questions again ...that's because your answers will deepen as the teachings deepen. Go through the work in order, and make sure to pause and do all the homeplay along the way.

### *Drawing in money with the right energy*

It is time to heal your money wounds, step into the truth of your value so you can earn what you are worth, and up your money energy so you magnetize the abundance you deserve.

I long to help you earn more money because I know that you will do really good things with it. You will take care of yourself and your family first and then you will give back to your community, to humanity, and to the planet. That is the kind of group that is drawn to this work, and I am so honored to serve you, as you make these shifts towards your prosperity!

Part of my mission is to put more money in the hands of visionary entrepreneurs who will use it to make a difference!

Let's explore how you can become an energetic match for the money you desire. And, really, what we're looking at here, is how you can become an energetic match to all that you desire in life. We will specifically be talking about money here, but they truly do apply to anything you wish to manifest.

What we are doing here is to help you forge a sacred alliance between your spirit and your money.

When you are struggling with money, it's usually because you are coming from your ego mind and not your spirit. In other words, you're playing small. When you are playing a bigger game in your business from a place of being aligned with spirit, the money will flow to you more and more easily.

Let's take this apart.

Spirit hired you to do a specific job. And, the more you take the risks required to do that job, the more you will be rewarded for it. Sometimes, what you are guided to do won't make sense at the level of mind. Ego mind will want to keep you safe and secure, in your comfort zone.

As you open to your inner wisdom and guidance and have a deeper level of faith in your connection to the universe, you will begin to follow that guidance, even when it doesn't make rational sense.

As you take these courageous leaps of faith, the energy of the universe opens up to support you and your mission. You are taking action in alignment with the divine purpose you defined in Module 1, you are on your mission and, all along the way, resources will show up and surprise you.

### *Reminders of key points – Easy reference quotables!*

“If you are struggling with money in any way, you are playing at the small level of ego mind! Play at the level of spirit and watch your money woes transform into money celebrations!” ~Leela Somaya

“As you learn to get your ego mind out of the way, release control and open the space for the energy of your spirit to interact freely with the energy of the universe, money and abundance will come easily.” ~Leela Somaya

“As you step into fully embracing your divine purpose, the power and truth of who you really are, you will awaken to your riches. It's the key to help you end your cycle of money pain, earn what you're worth, and have everything you want and more.” ~Leela Somaya

“Owning who you really are and having the courage to go for the mission for which you were uniquely designed is the key to solving your money woes once and for all.” ~Leela Somaya

“This journey of abundance is not for the faint of heart and it doesn’t seem to make sense at times. Your inner wisdom will guide you to do things that the ego mind rejects. Each time you listen to the ego mind and follow it’s direction, you are cutting off your access to your best ally, the energy of the universe.” ~Leela Somaya

Will you commit to reinventing your relationship with money and wealth? Let’s do this!

### *How to Create Your New Money Reality*

As you know, money isn’t everything ... but, money does get a bad rap.

While money isn’t your riches, prosperity, and wealth, it is an aspect of your riches, prosperity and wealth, an important aspect that soul-full entrepreneurs dismiss. The truth is that when you have enough money, and you are magnetizing that money through using your divine gifts, you have tapped into something huge, something so much larger than yourself. You have tapped into what the evolutionary impulse of life is wanting to create through you! Wow.

It means that you are living your purpose, doing your mission, and creating your vision. You are doing the work that only you were sent here to this planet to do. When you are aligned in this deep way, money will flow to you, and contribute to your riches, prosperity and wealth.

You will feel a greater connection to spirit than you ever have before, and spirit will provide for you. Life itself will be up underneath you sending you opportunities you never imagined possible. You’ll be working hard, but it will feel as though you are being moved through ... the work you do will seem more and more effortless and joyful. Yes, this is possible for you! (Quick warning that as the opportunities start to come, prioritize self-care...it’s so easy to get consumed by your mission. I did this and had to self correct).

Synchronicities will occur as a regular part of life. You will be in flow. Life will feel magical, almost as though you are dreaming. What I am describing is possible for each one of you! It is what happened for me when I did what my intuition told

me to do, first in creating my business, and then in creating this course. The more I align, and take action from this aligned place, the more I am supported.

## *Healing Your Relationship with Money*

7 Shifts in Consciousness That Will Heal your Relationship with Money – are you ready for your money issues to disappear, and to experience financial abundance?

1. Examine the cause of your money issues, and not the symptoms. The cause will almost always be some pattern in your consciousness that is no longer serving you. As you start to shift your consciousness and your inner energy, the external circumstances will change, and the symptoms will eventually (and, sometimes quickly!) go away.
2. View money through the lens of spirit. As you do this, money transforms from being something dirty to something sacred, something filled with illumination, compassion, and connection. Money is a wonderful means to take care of yourself and those you love and then to contribute back to the world.
3. Believe that it is possible for you to heal your money issues, and have faith in your spirit's power to heal you.
4. Be curious about what money is trying to teach you in this lifetime, what is the lesson for your soul, what is/are the bigger reason(s) for the struggles you have with money? Be open to the answers as they reveal themselves to you.
5. See if you can view the struggles as opportunities for growth and expansion that help your evolution. You are here as a soul on a journey to learn certain lessons in this lifetime, and money is the vehicle for some of the most juicy lessons.
6. Open to the view that your money lessons are signposts to your soul's lessons. The more you embrace them, and open to them, allow them to break you open, the more you will receive by way of insight and abundance.
7. Money is here as one of the greatest vehicles for your spiritual awakening. As you open to this shift in consciousness, you will magnetize all you need, just by being YOU ... not the ego self, you, but the divine YOU at the spirit level.

## *Homeplay – Healing Your Relationship with Money*

1. What are the true causes of my money issues? What is going on inside me that is causing these external symptoms – issues with money?
2. When you view money through the lens of spirit, what shifts for you about money?
3. Do you believe it is possible to heal your money issues? If not, why not? Out that negative voice in your head, and get some help from a friend or a mentor in debunking it!
4. What are my persistent struggles with money trying to teach me in this lifetime? What is the bigger reason for these struggles?
5. Why do my money struggles rear their head in my life again & again? What is the opportunity for growth and expansion, the opportunity for my own evolution?
6. How are my money lessons signposts to my soul's lessons?
7. Are you willing to open to the view that money is one of the greatest vehicles for your spiritual awakening?
  - i. If not, why not? Share about your resistance – this is key to you opening up to your abundance.
  - ii. If so, write a paragraph about this topic.

## *Identify Your Money Blocks*

We all have money blocks and limiting beliefs around money that originate from our upbringing, from society, perhaps even from past lives. There is so much to be said on this topic, and we only have time to touch on it briefly here. We go deeper with this topic in my higher level programs.

Here are some examples of money blocks:

- I'm not good at numbers
- I'm not good at math
- I don't want to put a price on my creativity and gifts.
- I'm not good with money
- I have never had any money
- I can't make money doing what I love
- I will never have enough money
- If I say what I really think and want, I won't have money

### *Homework* - Moving through your money blocks

1. On one sheet, write down limiting beliefs about money – your next edge when it comes to money and abundance. Ask yourself what might be getting in the way? What are your limiting beliefs about money?
2. On another sheet, write down a reframe of each limiting belief. And, argue for why the reframe is true and why the limiting belief isn't true!
3. Throw away, tear up, or burn the first sheet with the limiting beliefs and let them go.

## *Moving Through Money Fears*

What a rich and scary topic! So much fear comes up around money. Before I delve into that, let's feel into two great quotes about fear. I'd love for you to sink into the viewpoint illuminated by these quotes!

The human emotional system can be broken down into roughly two elements: fear and love.

Love is of the soul.

Fear is of the personality.

~ [Gary Zukav](#) - from "*Seat Of The Soul*" ~

Love is what we were born with.

Fear is what we learned here.

The spiritual journey is the relinquishment - or unlearning - of fear and the acceptance of love back into our hearts.

~ [Marianne Williamson](#) from "*A Return to Love*" ~

A lot of fear comes up around money because:

- The way the world works today, we do need some money to survive. We worry that if we don't have enough money, we won't have be able to meet our survival needs for food and water.
- At the next level, we need money for security and safety. We want a roof over our heads and enough money to pay for the basic needs of life.
- Some of us "need" money to feel important and/or to have fancy things
- We can't get the material things we want without it, and most of us have desires in the material realm.

Many of these fears are valid. It is VERY important to have your basic needs taken care of. We will talk more about this topic in Section 2 so you can strategize to make sure your basic needs are taken care of.

We worry that if we don't have money, we won't get what we need. And, there is a lot of truth to this worry. It's so important to name these worries and fears so that they don't control us subconsciously. Let's name them, honor them, and welcome them to speak. These voices inside us do have some valuable information to share. However, at an extreme, these voices are an energy drain and hold us back.

*Homeplay:*

1. What are your greatest money fear(s)? What are you afraid of around money?
2. Go back to the list above, and see if there is anything I missed?
3. Have you ever sold out on yourself because you were afraid of not having the money you needed?

## *Leverage your “money shadow” to fuel your progress*

We have already started to get into the shadow pretty deeply in this Module. Let’s name it explicitly.

**“If shadows could talk, they would tell you that there is gold to be mined in every experience.”**

~Debbie Ford

What is the shadow?

**Shadow:** The parts of yourself that you have denied or disowned, the parts of you that you don’t want to see because they are dark, ugly, or embarrassing. You may judge yourself for them, or you may be worried that others will judge you for them.

**Money Shadow:** The parts of yourself that you have denied or disowned that relate directly or indirectly to money. These may be unconscious, subconscious or semi-conscious parts of you. These are the places you are afraid of others seeing. You want to hide them, are ashamed of them, don’t want to admit them, want to pretend they aren’t there, etc.

And, energetically, there are places in your body where these disowned parts are trapped. As you work through your money shadow, this trapped energy within your body will begin to release and emerge. You will feel more clean and clear ... you may even be able to transmute that previously stuck energy into a force that can drive you towards financial abundance. In this way, when you begin to leverage your money shadow and the richness of its lessons, it can actually be an amazing positive force in shifting your energy into one of financial abundance, and help you to magnetize money.

**“either you’re going to use the shadow or it’s going to use you.”** ~ Debbie Ford

How does the money shadow show up?

- Finding scarcity and what’s missing, even amidst abundance
- Projecting unconscious feelings and beliefs onto money
- Hoarding money and never having enough no matter how much you hoard
- Greed – no matter how much you have, always wanting more things, more money, more of whatever – an insatiable hunger for material things

- Controlling others with money and withholding money from them if they don't do as you wish
- Wanting money for fame, status, importance, or validation
- Thinking you are better than others who have less money than you do
- Needing to have lots of money in order to get approval from family, friends and/or society
- Associating your self worth with how much money you have
- Getting egoically high on the power and influence money brings
- Being selfish with your money and not sharing with the community and charities
- Using money to get attention

There are many others - which ones of these you have? Delving deep into your money shadow, owning it, and getting to know it is the route to your financial abundance, wholeness, and inner peace.

If you are willing to look at all of your money shadow and be brutally honest with yourself about what needs to be owned, honored, evolved, and healed, you will liberate yourself from this part of the shadow and free up stuck energy that has been stuck inside your soul and longing to be expressed. As you do that, your energy goes up, and you become a magnet for the financial abundance you desire.

One of my money shadows is not believing I can make enough money doing what I love. I have made a lot of progress on this one, but it held me back for years. It almost stopped me from even trying to be an entrepreneur, because I was safely making more than 6 figures with my legal and business consulting. As I examined that belief and began to be willing to have faith that something greater was calling to me ... that, even though I didn't know exactly how it was all going to work, I had faith it would be revealed to me. And, that is what happened. At each step of the way, the more I own it and let go of this shadow, the more I do draw abundance into my life, financially and in other areas.

If I start to lapse into this shadow belief again and start to doubt my ability to make money doing what I love, I make less money that month. As I shift from this shadow to a higher energy, my results begin to shift almost immediately, and surprise money or clients arrive. It rarely ever fails. And, even if more money doesn't come in immediately, it feels so much better to shift away from the money shadow.

## *Homeplay - Shadow*

1. What am I most afraid of about money? What terrifies me about it? When I imagine your biggest fears around money, and I imagine them coming true, what comes up for me then? Keep going with this until you have emptied out everything in your mind.
2. What do I project on money? What unconscious feelings have I placed on money?
3. What has money represented to me? What meaning have I given money?
4. Are there thing I don't want people to know about me and money – if so, what are they? What I don't want people to know about me and money is...*(Are there deep dark secrets that you're hiding because you are worried about what will happen if other people find out?)*
5. What are my darker feelings about myself and money – am I embarrassed about how much or how little I have? Am I greedy, petty or shallow? Do I feel humiliated when I talk about it? Does money make me feel lonely or afraid?
6. Of the potential shadows listed above about how the money shadow shows up, 3 of them that I deeply resonate with are...
7. The top shadow getting in the way of my money freedom & prosperity is...

## *Homeplay – Core Struggle – Jewels in the Money wounds*

1. My core struggle/wound with money is...
2. Consider your experience through the lens of an objective, spiritual observer, letting go of judgments and emotions as they arise and breathing through them
  - a. What is the gift this money pain or pattern has for me?
  - b. What is the teaching it has for me?
  - c. Is there something in this pain or pattern that I am resisting seeing because I don't like what shows up? What does my inner knowing say about the deeper meaning in the struggle and pain?
  - d. As I begin to see the jewel in my sacred money wound, how will it help me create more freedom with money and magnetize greater financial abundance?
  - e. What is the core lesson this experience has brought me?
  - f. Does it reveal a gift I have for others?
  - g. Can I see the gift I have for others that I can now see in a new, fresh way? What is that new, fresh way?

## *Financial Abundance Mindset*

You do have the power to shift your consciousness over time. I don't believe in repeating affirmations to do it. What I do believe is that if you work deeply with yourself and the stuck feelings in your body of I am not enough, I am not worthy, I am bad, or whatever your false center feelings are, as you heal these wounded places in your body psyche, you will raise your energy and begin to be able to draw in financial abundance as described in some of these wonderful quotes.

And, if you like saying affirmations and you do find them helpful, please do go ahead and keep saying them!

**“It is your right to be rich. You are here to lead the abundant life and be happy, radiant and free. You should, therefore, have all the money you need to lead a fully, happy and prosperous life. You are here to grow, expand and unfold spiritually, mentally and materially.” ~Joseph Murphy**

**“The journey to financial freedom starts the MINUTE you decide you were destined for prosperity, not scarcity-- for abundance, not lack. Isn't there a part of you that has always known that? Can you see yourself living a bounteous life-- a life of more than enough? It only takes one minute to decide. Decide now.” ~Mark Victor Hansen**

**“I am one with the Power that created me. I am totally open and receptive to the abundant flow of prosperity that the Universe offers. All my needs and desires are met before I even ask. I am Divinely guided and protected, and I make choices that are beneficial for me. I rejoice in other's successes, knowing there is plenty for us all.” ~Louise Hay**

**“Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else. Your completeness must be understood by you and experienced in your thoughts as your own personal reality.” ~Wayne Dyer**

As you shift your consciousness, you will shift your actions which will shift your results. In your current consciousness, you are probably often trying to manifest from a place of fear and survival, which is what our ego is constructed to do. It has served its very valid function for a long time, and we are very thankful for it.

And, now, it is time for an upleveling to create from a different place inside us, to create from our power center, from our divine self, from our soul.

When we manifest from this place inside, it creates entirely different results that are based on love and thriving (as contrasted with fear and striving).

We want to find that wildly abundant place inside and create our financial abundance plan from there. The desires that come from this place inside you are pure and were given to you for a reason.

You are meant to act on those desires. These are not desires based out of fear and lack. These are desires from that place of wholeness, purity, and fullness within you that is in touch with your unique, divine purpose.

### *Homeplay*

1. Write your Dream Vision that embodies your Desire for Wealth and Financial Abundance (this can be separate from what you created in Module 1, or you can add it to that Dream Vision ... as always, whatever works for you)
  - a. Are Wealth and Financial Abundance the same for you, or different?
  - b. Be specific about what you desire.
    - i. How much money? Dare to dream. Stretch. Reach!
    - ii. If nothing stood in your way, how much money do you want to attract to yourself?
    - iii. What would you do with this Money?
2. Shifting from false thoughts and beliefs about money into powerful, abundant beliefs
  - a. Handling the negative, false beliefs
    - i. List out all the thoughts and beliefs that are cluttering your mind and preventing ease in money flow and prosperity

1. As you wrote out your Money Dream Vision, what came up for you?
  2. What did that little voice say to you about why you can't have what you wrote down?
    - ii. Now, argue with them ... what is untrue about them? What is a remnant of your old thinking and consciousness?
    - iii. Throw them out or burn them or keep them so you can look at them when you get stuck in an old thought pattern and shift out of it
- b. Create your new, expansive, evolutionary, and life-affirming beliefs about money, wealth, and financial abundance.
- i. What do you want to believe instead?
  - ii. The power statements I will use to manifest financial abundance are ... list them out

Book Recommendation – Creating Money by Sanaya Roman and Duane Packer - I recommend this book to anyone who is really serious about shifting into higher levels of wealth and abundance.